

## **ASI is recognized as the #1 Healthiest Employer in Central Ohio for an unprecedented 5 years in a row!**

On January 24th of 2019 American Showa received the prestigious 2018 Ohio Healthy Worksite Gold Level Award from the Ohio Department of Health! The Gold Level Award is the highest award given to Ohio employers who demonstrate a commitment to employee health through comprehensive worksite health promotion and wellness programs.



**What does it take to win a wellness award or be ranked as the top recipient in the Greater Columbus area for 3 years in a row?**

To achieve this recognition it starts with the strong support of our ASI Executive Management Team; then participation by a high number of our Associates and their family members in the wellness and fitness programs offered in partnership with our Wellness Center CareHere staff and CareHere management team.

Award applications often result in filling out detailed forms up to 30 pages in length with multiple 500 word essays. The application process request information from an employer covering at least six key areas of workplace wellness:

- 1) culture and leadership commitment
- 2) foundational components
- 3) strategic planning
- 4) communications and marketing
- 5) programming and interventions
- 6) reporting and analysis

Scores are generated by a proprietary algorithm and a team of evaluators to rank individual companies based on the structure of their wellness programs and the benefits they provide to associates & dependents.

American Showa, Inc. continues to support the culture for improving health, safety, wellness & ergonomics. We are proud to have received a total of 10 health & wellness awards since 2013.

- 2013 Ohio Healthy Worksite Bronze Level Award from the Ohio Department of Health
- 2014 Healthiest Employers of Central Ohio 2nd Place Award from Columbus Business First Magazine & Healthiest Employers, LLC
- 2014 National Platinum Level Fit Friendly Award from the American Heart Association
- 2014 Ohio Healthy Worksite Gold Level Award from the Ohio Department of Health
- 2015 Healthiest Employers of Central Ohio 1st Place Award from Columbus Business First Magazine & Healthiest Employers, LLC
- 2015 National Platinum Level Fit Friendly Award from the American Heart Association
- 2015 Ohio Healthy Worksite Gold Level Award from the Ohio Department of Health
- 2016 Healthiest Employers of Central Ohio 1st Place Award from Columbus Business First Magazine & Healthiest Employers, LLC
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